

# Victim Assistance, Protection Tips and Resources

# Report Your Identity Theft or Fraud

# Report to the Federal Trade Commission (FTC)

- Print and Save
- www.identitytheft.gov

### Contact the Police

- File a police report
- Bring completed FTC compliant form





# Check Your Bank Statements and Balances

Chexsystems

www.chexsystems.com

TeleCheck Services, Inc.

www.telecheck.com

Certegy Check Services, Inc.

www.askcertegy.com



# Connect with your Creditors

### **Debit Card**:

- 0-2 days = up to \$50
- 3-60 days = up to \$500
- 61+ days = =No reimbursement

### **Credit Card**:

- 60 days = up to \$50
- Set up account threshold notifications



# Contact the Credit Reporting Agencies

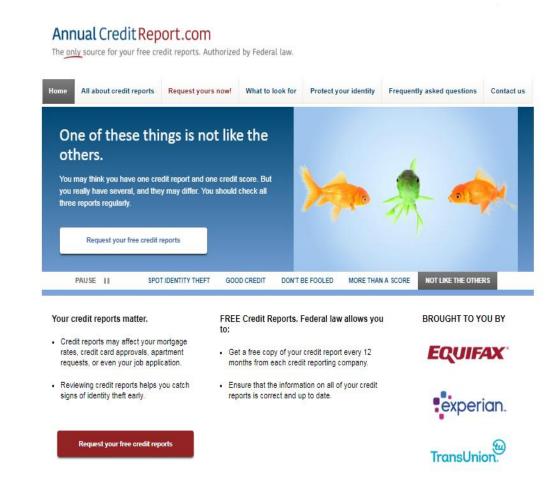
Order Your Annual Credit Report

www.annualcreditreport.com

- Equifax
- Experian
- TransUnion

Innovis

www.inovis.com



# **Credit Protection Options**

- Fraud Alert
- Credit Freeze
- Credit Lock

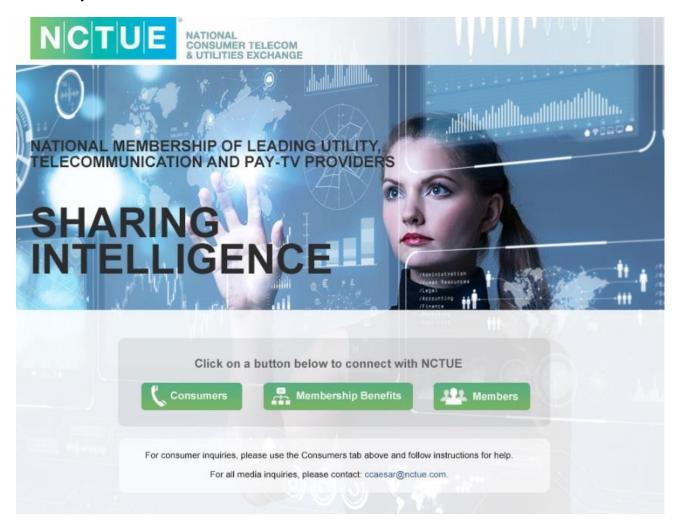
As of September 21, 2018

- Year long fraud alerts
- Free credit freezes
- Free child credit freezes

# Phone and Utilities "Credit Report"

National Consumer Telecommunications and Utilities Exchange (NCTUE)

Http://www.nctue.com



# IRS Scams and Fraud

### **IRS Phone Scams**

- Calls stating IRS has a warrant for your arrest unless you pay money or past due taxes
  - Never provide personal information
  - IRS will never call you <u>only</u> send letters and notices

### **IRS Identity Theft/Fraud**

- Someone uses your identity to file a fraudulent tax return using your name and SSN
  - Immediately file a police report
  - Log on to <u>www.IRS.gov</u> and complete appropriate forms for Identity Theft Victims. Also learn additional information.
  - Call IRS ID Protection Unit: 1-800-908-4490



# Enable 2FA / MFA



Security Tip: Verbal Passwords

- Extra step to login
- Available on most online accounts
- https://twofactorauth.org

### Prioritized accounts:

- 1. Email
- Social Media
- Bank/Credit Cards
- 4. Health

# Say "NO" to Junk Mail

# **Direct Marketing Association**

- www.dmachoice.org
- \$2 processing fee, for a period of ten years

### **Unsolicited Credit and Insurance Offers**

- 888-5-OPTOUT (888-567-8688)
- www.optoutprescreen.com
- No fee

### Commercial Email Lists

- https://www.ims-dm.com/cgi/offemaillist.php
- No fee



# Ugh, Telemarketers

### National Do Not Call Registry

- 888-382-1222
- www.donotcall.gov

Note: The law allows political calls, calls from charitable organizations, information calls, calls about debts you owe, and phone surveys, as well as calls from companies you have done business with or gave permission to call.



# **National Resources**

# Fraud Support Network

https://fraudsupport.org

# Federal Trade Commission (FTC)

www.identitytheft.gov



# **National Resources**

# National Organization for Victim Assistance (NOVA)

- 800-TRY-NOVA
- www.trynova.org

# Identity Theft Resource Center (ITRC)

- 800-400-5530
- www.idtheftcenter.org

# Free Brochures, Handouts and PDFs

https://bulkorder.ftc.gov







Hundreds of publications!

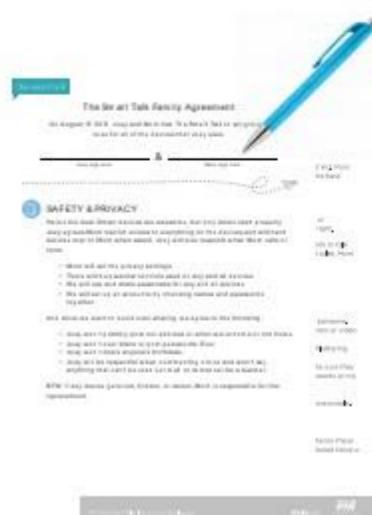
# Have "The Talk" With Your Kids

An interactive, online tool that enables parent-child duos to set ground rules together about digital devices and usage.

# www.TheSmartTalk.org







# Additional Resources and Tips

# Place a Fraud Alert

Purpose: Verify your identity before extending new credit.

### Initial Fraud Alert

Duration: 1 year

### **Extended Fraud Alert**

Duration: 7 years

 Requires copy of identity theft report.

### **Active Duty Alert**

Duration: 1 year

### Cost

Free

### Contact

One credit bureau

 By law they will share your request with the other two.

### Pros

- Keep access to your credit.
- Credit bureaus cannot continue to sell your information to third parties.

### Cons

- Renew every year.
- Lender doesn't have to call you.
- KBA questions are generally easy to find on social media or dark web.

# Place a Security Freeze / Credit Freeze

Purpose: Restricts access to your credit file.

Cost	Add	Lift	Remove
Victim of ID Theft	Free	Free	Free
Not a victim of ID Theft	Free	Free	Free
Protected consumer	Free	Free	Free

### Contact

All three credit bureaus.

### Duration

Lasts until you remove.

### Pros

- Place freeze online or by phone.
- Requires PIN.
- Credit bureaus cannot continue to sell your information to third parties.
- Best for people who aren't planning to take out new credit.

### Cons

You'll get a PIN to use each time you freeze or unfreeze, which may take one to three business days.

# Credit Lock

Purpose: Purpose: Restricts access to your credit file..

### Cost\*

Each credit bureau determines pricing and can change anytime.

- TransUnion: Trueldentity | Free
- Equifax: Lock & Alert | Free
- Experian: CreditLock | \$4.99 (first month) \$24.99 (after)

### Contact

All three credit bureaus.

### Duration

Lasts until you remove.

### Pros

- Unlock by computer or mobile app.
- No PIN required.
- Usually no wait to lock or unlock credit file.
- Best for people who plan to take out new credit.

### Cons

- Credit bureaus can continue to sell your information to third parties.
- Cannot unlock by phone.
- Depending on monthly fees, they can quickly exceed the cost of freezes.

<sup>\*</sup>Fees as of 1/25/19

# **Check Your Data Breach Status**

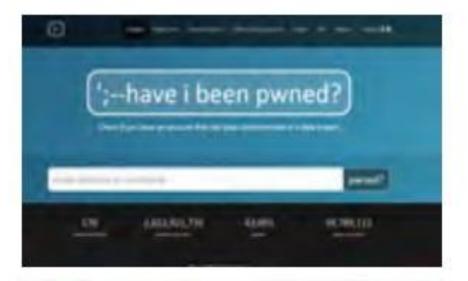
Check if your email has been part of a recent data breach.

### Have I Been Pwned?

https://haveibeenpwned.com

### **Firefox Monitor**

https://monitor.firefox.com



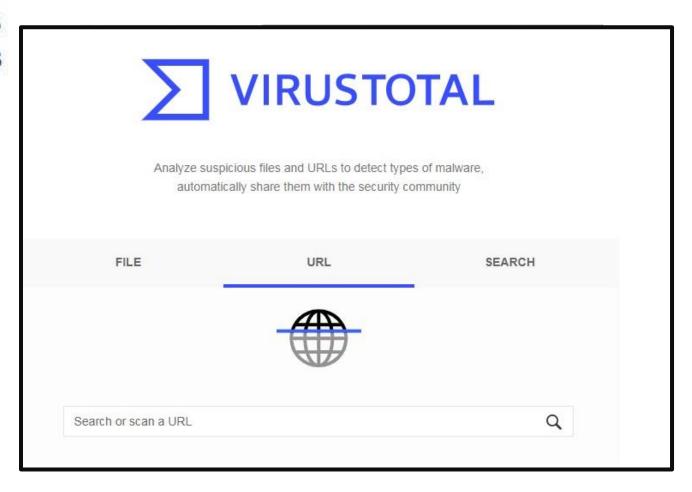


# Before You Click: Analyze Suspicious Files and Links

VirusTotal is a free service that analyzes suspicious files and URLs and facilitates the quick detection of viruses, worms, trojans, and all kinds of malware.

### Virus Total

https://www.virustotal.com

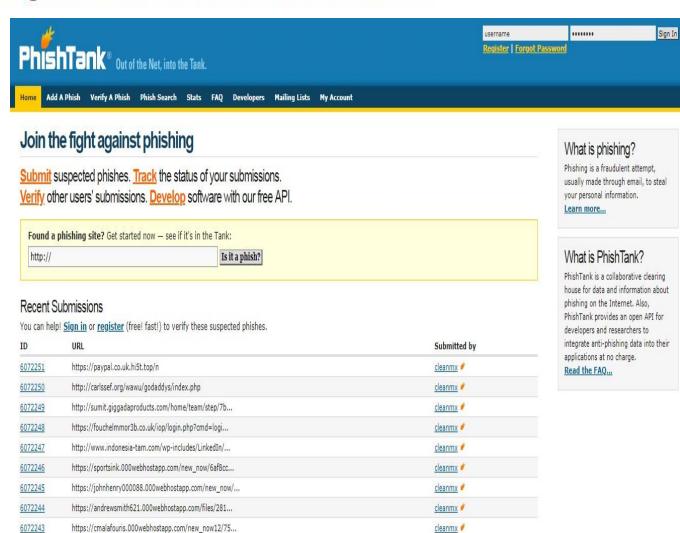


# Before You Click: Analyze Suspicious Files and Links

PhishTank is a free community site where anyone can submit, verify, track and share phishing data.

### **PhishTank**

https://www.phishtank.com

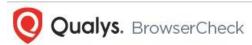


# **Keep Your Browser Secure**

Qualys BrowserCheck is a free tool that scans your browser and its plugins to find potential vulnerabilities and security holes and help you fix them.



https://browsercheck.qualys.com



ut FAQ Feedback

ack Qualys.com

Try CoinBlocker

# Check your browser.

Qualys BrowserCheck will perform a security analysis of your browsers and plugins, and will run several system checks including the Top4 Security Controls.

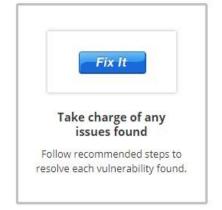
### Install Plugin

Scan without installing plugin



Click the "Install Plugin" button to enable fast, safe scanning.





Learn more about Qualys BrowserCheck

# **Beat Spam: Use Disposable Email**

If you need to put in an email address to get a coupon, shop one time on website, etc., consider using a temporary email address.

### 10 Minute Mail

https://10minutemail.com





# Set up Account with SSA

# https://www.ssa.gov/myaccount



# Create your personal *my* Social Security account today

With your free, personal *my* Social Security account, you can receive personalized estimates of future benefits based on your real earnings, see your latest Statement, and review your earnings history. It even makes it easy to request a replacement Social Security Card or check the status of an application, from anywhere!

CREATE AN ACCOUNT →

SIGN IN →

FINISH SETTING UP YOUR ACCOUNT →



# **USPS Informed Delivery Service**

# https://informeddelivery.usps.com

### Informed Delivery® by USPS®

Digitally preview your mail and manage your packages scheduled to arrive soon! Informed Delivery allows you to view greyscale images of the exterior, address side of letter-sized mailpieces and track packages in one convenient location.\*

\* Images are only provided for letter-sized mailpieces that are processed through USPS' automated equipment

Sign Up for Free

Sign In >



See if Informed Delivery is available in your area.

Enter ZIP Code™





### 1. Create Your Account

Use your personal USPS.com® account or sign up for one today.



### 2. Verify Your Identity

Protect your privacy and personal information by verifying your identity and address.

Sign Up for Free



### 3. Receive Notifications

View notifications from any smartphone, tablet, or computer.

# **Beware of Fake Apps**

### Look for:

- Who the developer is
- The date it was introduced into the store
- How many times it's been downloaded

### Other tips:

- Only use the app store related to your device
- Review privacy policy



# Opt Out: Collection of Your Online Activities

Ads you receive on Web pages are customized based on predictions about your interests generated from the visits of different Web sites

Learn how to opt of out these collection of Web viewing data for interest based advertising by visiting the website below

http://www.aboutads.info/choices







### USER'S CURRENT IBA STATUS

The companies participating in the WebChoices tool provide transparency and choice under the DAA Principles. We are evaluating this browser's compatibility with the WebChoices tool and verifying its opt-out status.

Your connection speed and browser configuration may affect the success of your opt-out requests. Please stand by as WebChoices checks whether your browser can set opt out requests. You may see additional windows open and close as these checks are performed and as your opt-out choices are requested.



# **Teaching Resources**

StaySafeOnline.org

Powered by National Cyber Security Alliance

Several resources to help you stay safe and teach online safety.

www.staysafeonline.org



# Medical IDT: Request your MIB Consumer File

Review your Personal Health Information (PHI)

In the event you have a MIB file, it is important to review that the listed medical services belong to you.

http://www.mib.com/request\_your\_record.html

### **Request Your MIB Consumer File**



As a nationwide specialty consumer reporting agency under the federal Fair Credit Reporting Act (FCRA), MIB provides US consumers with the rights, protections and privileges available under FCRA. In addition, MIB also provides substantially equivalent rights to Canadian consumers, as well as consumers who reside in the Caribbean region and have done business with an MIB member.

Therefore, there is no charge to request a copy of your MIB Consumer File (if one exists) once per year directly from MIB.

In addition, in the event that you have received an adverse underwriting decision letter from an insurer indicating that an MIB record influenced the insurer's underwriting process, which resulted

You will not have an MIB Consumer File unless you have applied for individually underwritten life or health insurance in the last seven years.

On-Line Form Available Mon - Sat 6AM - 2AM E Sun 7AM - 1PM FT

Phone Available Mon - Fri 6AM - 12AM ET Closed Holidays 1-866-692-6901

About MIB

# Military Resources

# Deploying Service Members: Place an Active Duty Alert

- One year duration
- To place, contact the credit reporting agencies

# Deploying Service Members: Prescreened Credit Card Offers

- Will not receive prescreened credit card offers for two years
- For more information, contact the credit reporting agencies

# Military Resources

# U.S. Department of Veteran Affairs: VA's More Than a Number

- http://www.va.gov/identitytheft
- VA Identity Theft Help Line: 1-855-578-5492 or vaidtheft@va.gov
- Provides information to educate Veterans and their beneficiaries on how to protect themselves from identity theft.

# **FTC Military Family Information**

- https://www.ftc.gov/news-events/media-resources/military-consumer-protection
- Includes materials and additional resources for military

# Report Phone Scams

# Report IRS Imposter Scams

- https://www.treasury.gov/tigta/contact\_report\_scam.shtml
- 800-366-4484



# Report Unwanted Calls

- Federal Trade Commission (FTC)
- https://complaints.donotcall.gov

# Report Unsolicited Telemarketing Calls

- Federal Communications Commission (FCC)
- https://consumercomplaints.fcc.gov



# Report Scams

# **Report Internet Crimes**

- FBI Internet Crime Complaint Center (IC3)
- https://www.ic3.gov



# Report International Scams

www.Econsumer.gov



# (Repeat) Report to the Federal Trade Commission (FTC)

www.identitytheft.gov



# Quick Reference Guide for Identity Theft Victims

- 1. Gather all information related to your identity being used/stolen (ie: bank statements, credit card statements, billing documents, etc)
- 2. Notify bank and or credit card company of Identity Theft to close account (If applicable)
- 3. Notify credit bureau and place a credit freeze, credit alert, or credit lock
- Report to the Federal Trade Commission (FTC) <u>www.identitytheft.gov</u> (print and save)
- 5. File a police report
- 6. Notify IRS of Identity Theft and file the appropriate forms to place an alert on account. <a href="https://www.IRS.gov">www.IRS.gov</a>

Refer to additional information for more resources available

